Select Health

Coverage to care

Did you know that Wellness Visits are now covered on your plan?

With your Select Health Community Care plan you can get one Annual Wellness Visit every 12 months* for free!

What is a Wellness Visit?

- An essential visit to discuss your health with a caring doctor.
- Covered at 100% by your plan
- Scheduled at a time and location convenient for you.

How to find an in-network provider:

- Call Member Advocates at **800-515-2220**.
- Call the doctor's office and ask:
  1. Do you take Select Health?
  2. Are you in the Community Care network?
- Visit **selecthealth.org/find-a-doctor**.

Need help getting to the doctor?

See Transportation Services in your **Member Handbook** or call Member Services at **855-442-3234**.

Does Medicaid cover prescriptions?

To find out which prescriptions are covered by Medicaid, you can:

- Call Select Health Pharmacy Benefit Member Specialist **855-442-9900**.
- Visit **selecthealth.org/pharmacy/pharmacy-benefits** and click the Community Care Prescription Drug Lookup.

Make sure to show your Medicaid ID card at the pharmacy.

Getting the right care when and where you need it.

NURSE LINE —Not sure if you should go to your doctor, urgent care, or the ER? Call Intermountain Health Answers® 24/7 at **844-501-6600** to talk to a nurse who can help.

PRIMARY CARE PROVIDER (PCP)—A PCP can help you stay healthy and see you sooner when you are sick. If it's not an emergency, see your PCP instead. Can't find a doctor? Call Member Advocates at **800-515-2220**.

INTERMOUNTAIN CONNECT CARE®—Need care right away? Use Intermountain Connect Care® anytime, anywhere to talk to a provider using a smartphone or computer. Download the Connect Care app or visit **intermountainconnectcare.org** to get started.

URGENT CARE—This is a good choice when you need to see a doctor quickly, but your life is not in danger. Most Intermountain InstaCare offices are open daily until 8:00 p.m. or later. Download the Select Health app or call **855-442-3234** to find an in-network Urgent Care near you.

EMERGENCY CARE—An emergency is a medical condition that needs to be treated right away. An emergency is when you think your life is in danger, a body part is hurt badly, or you are in great pain. If you have an emergency, call **9-1-1** or go to the nearest emergency room.

If you are having a mental health crisis, please call the Utah Crisis Line at **9-8-8**.

*One visit per rolling year

Fair Treatment Notice

Select Health obeys Federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status.

We provide free:

- Aid to those with disabilities to help them talk with us. This may be sign language interpreters or info in other formats (large print, audio, electronic).
- Help for those whose first language is not English, such as interpreters ormember materials in other languages.

Need help? Call Select Health Member Services at **800-538-5038**.

If you feel you've been treated unfairly, call Select Health 504/Civil Rights Coordinator at **1-844-208-9012** (TTY Users: **711**) or the Compliance Hotline at **1-800-442-4845** (TTY Users: **711**). You may also call the Office for Civil Rights at **1-800-368-1019** (TTY Users: **1-800-537-7697**).

Language Access Services

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame a Select Health.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 Select Health

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số Select Health.

통지: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. Select Health. 번호로 전화해 주십시오.

ध्यान दिनुहोस्: तपयाईंले नेपयाली बोल्नुहुन्छ भने तपयाईंको दनमत्त भयाषया सहयायतया सेवयाहरू दनःशुल्क रूपमया उपलब्ध छ। Select Health मया फोन गनुनुहोस्।

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa Select Health.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: Select Health.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги переводчика. Позвоните Select Health.

ATTENTION: si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Contactez Select Health.

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。Select Health. まで、お電話にてご連絡ください。

ማሳሰቢያ: አማርኛ የሚናገሩ ከሆኑ፣ የቋንቋ ድጋፍ አገልግሎቶች ያለክፍያ ለእርስዎ ይገኛሉ። Select Health ን ያግኙ።

ПАЖЊА: Ако говорите Српски, бесплатне услуге помоћи за језик, биће вам доступне. Контактирајте
Select Health.

تنبيه: إذا كنت تتحدث عربية، فستتوفر لك خدمات المساعدة اللغوية مجانًا. اتصل بـ Select Health.

توجه: اگر شما زبان اردو صحبت می‌کنید، خدمات کمک زبانی، بصورت رایگان در اختیار شما هستند. با Select Health تماس بگیرید.

หมายเหตุ: หากคุณพูด ไทย ภาษา, การบริการภาษา โดย ไม่มีค่าใช้จ่าย มีพร้อมบริการให้กับคุณ ติดต่อ
Select Health

Select Health: **1-800-538-5038**

© 2024 Select Health. All rights reserved. 3062292 06/24